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**A Home for the Day Adult Day Program  
PROGRAM ABUSE PREVENTION PLAN**

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**I. ASSESSMENT OF POPULATION**

- 1) A Home for the Day Adult Day Program serves adult men and women who are 18 years of age and older. Participants may have but are not limited to:
- a. Mental Impairment: We accept individuals who may be alert and oriented, or mildly to severely cognitively impaired.
  - b. Physical Limitations: We accept individuals who may exhibit a variety of health issues ranging from occasional illness to chronic illnesses and disabilities such as strokes, heart attacks, diseases of the neurological system, etc.
  - c. Emotional Impairment: We accept individuals who may have a mental health issue and are able to function in a structured community setting but exhibit no behavior, which could harm themselves or others.
  - d. Behavior Limitations: We accept individuals who exhibit no behaviors which could seriously harm themselves or others and who can spend time in groups without the need for continuous one to one attention of staff members.

**SPECIALIZED PROGRAMS:**

- 2) Specialized programs of care necessitated by population assessment include:
- a. A social recreational program based on the needs and abilities of our participants.
  - b. Medical supervision, including skilled nursing care and medication administration.
  - c. Personal cares, and bathroom assistance.
  - d. Coordination of services with outside agencies and families.

**STAFF TRAINING**

A Home for the Day staff, (director and program coordinators) is trained to meet the specific needs of participants through (twelve hours for director and eight hours for program coordinators) of in-service training, seminars, corrective action, etc. based on an assessment of the current population being served including dementia care, any knowledge of previous abuse relevant to minimizing risk of abuse. Staff members will receive ongoing training regarding ways to prevent, minimize, document and report the identified areas of vulnerability, neglect and abuse.

## **II. ASSESSMENT OF PHYSICAL PLANT**

A Home for the Day leases space from Love of Christ Lutheran Church. We are located at 1971 Pine Cone Road, St Cloud Mn 56303. Our entrance is off the church parking lot.

1. A Home for the Day programming primarily takes place in two Sunday School rooms of the Education Wing. Professional staff will supervise participants and trained volunteers at all times. A Home for the Day staff works closely to ensure the safety of our participants.
2. Handicapped accessible entrances are located at east entrance of building. All participants will use the east entrance for arrivals and departures from the building.
3. Water temperature is maintained at 110 degrees and is maintained by staff.
4. All electrical outlets and fixtures will be maintained in a continuous state of good repair. Program staff is responsible for reporting outlets and fixtures to Love of Christ maintenance department when they are in need of repair. Items reported are to be repaired as soon as possible.
5. Room temperature is monitored by A Home for the Day staff. Any problems are immediately reported to Love of Christ's maintenance department for correction.
6. Light fixtures, which have burned out bulbs, will be reported to Love of Christ's maintenance department to be replaced as soon as possible.
7. Door ways leading to lobby area and outside entryway are equipped with an electronic security system to assist in alerting staff to a participant wandering away from the facility.

## **III. ASSESSMENT OF ENVIRONMENT**

1. A Home for the Day operates out of two Sunday School rooms at Love of Christ Church, which is located in a residential neighborhood. There is an asphalt parking lot on the east side bordered with a sidewalk. There is landscape rock with bushes next to the church. A grassy area is along the south, west, and north sides of church
2. Outdoors area, including sidewalk and benches, are designed to be handicap accessible. All programming outside will be closely supervised by staff and trained volunteers to ensure participants' safety.

3. No smoking is allowed on the Love of Christ campus, except in designated outdoor areas. Staff will monitor to ensure this rule is observed.
4. Participants, who, through lack of assertiveness, are considered to be more vulnerable, are attended to through their individual program plan.

There is little or no acting out or disruptive behavior among the participants at the center. Staff observes and reports any significant incidences to assure that no participant is suffering consistent emotional distress from another participant.

Given the mix of participants, which A Home for the Day serves, the correct staff ratio is maintained according to MN rules, 9555.9690 subpart 1., C.

#### **IV. CORRECTIVE ACTION**

When an area is identified as a potential risk abuse, corrective action is to take place immediately by A Home for the Day management.

#### **V. PLAN REVIEW**

A Home for the Day Director will annually review our Program Abuse Prevention Plan and all reports of abuse. A Home for the Day Director shall revise the plan, if necessary.

#### **VI. PLAN ORIENTATION (subpart 5)**

##### **A. Participants:**

A general orientation to the Program Abuse Prevention Plan will be provided to all A Home for the Day participants and/or their client representative (as indicated on their Preliminary Service Plan.) This orientation will be completed within 24 hours of admission unless a necessary delay (not exceeding 72 hours) is documented on the Preliminary Service Plan.

##### **B. Mandated Reporters**

Each new A Home for the Day mandated reporter will be: oriented within 72 hours of first providing direct contact services to a vulnerable adults and annually thereafter. Orientation and annual review will include reporting requirements and definitions in Minnesota Statutes, Sections 626.557 and 626.5572, of the requirements of Section 245A. 65, A Home for the Day's Program Abuse Prevention Plan and all related policies and procedures.

#### **VII. PLAN DISTRIBUTION**

Program Abuse Prevention Plan is posted on a bulletin board in A Home for the Day's program rooms and is available to all clients/client representatives and mandated reporters.

## **INDIVIDUAL ABUSE PREVENTION PLAN**

### **I. PLAN CONTENTS**

A Home for the Day's Interdisciplinary Team will complete an assessment of vulnerability and Individual Abuse Prevention Plan on each participant receiving service. The plan contains an assessment of the participant's susceptibility to abuse and/or self-abuse and a statement with specific measures to be taken to minimize the risk of abuse to the participant.

### **II. PLAN REVIEW**

A Home for the Day's interdisciplinary team will review and evaluate the abuse prevention plan quarterly along with the quarterly care plans. This review will include the assessment and any reports of abuse relating to the client.

### **III. PARTICIPANT PARTICIPATION**

When possible, the participant will participate in the development of their individual abuse prevention plan. The participant also has the right to have a participant representative with or for the participant in the development of the plan. If the participant or participant representative does not participate, the reasons shall be documented in the plan.